



Birmingham Green

Where Life Flourishes

Fall Newsletter, 2026

Message from the CEO

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THE ROAD TO 100: LEADERSHIP WITH LEGACY

99 years. Nearly a century of caring, serving, adapting, and believing in something bigger than ourselves.

As we enter September, I want us to pause and recognize what 99 years truly represents.

It represents generations of residents who have called Birmingham Green home. Families who have entrusted us with the care of people they love. Employees who have dedicated their talents and their hearts to serving others. Volunteers and community partners who have strengthened our mission.

Ninety-nine years is not simply a milestone. It is a responsibility.

We have inherited something precious, and it is now our turn to carry it forward.

One of the greatest strengths of Birmingham Green is **our people**. We are a diverse community of individuals who bring different cultures, experiences, generations, languages, perspectives, and talents to our campus every day.

Those differences make us stronger.

Because while we may not all have the same story, **we share the same purpose: to make a meaningful difference in the lives of older adults and one another.**

That purpose comes to life in thousands of moments every day.

- It is the certified nursing assistant, hospitality aide, and medication aide who offers comfort when someone is having a difficult day.
- The nurse who provides reassurance to a worried family.
- The dining services team member who knows exactly how a resident likes their meal.
- The environmental services and facilities team member who understands that a clean, welcoming environment is part of quality care.
- The therapist who celebrates a resident's progress.
- The receptionist who greets someone by name.
- The volunteer who takes time to listen.
- The colleague who steps in to help another team member.



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Message from the CEO cont'd.

These may seem like small moments. They are not.

These are the moments that define who we are.

As we begin the **Road to 100**, our opportunity is not simply to celebrate our past. It is to decide what the next 100 years will look like.

So I ask each of us:

What do we want Birmingham Green to be known for?

- Exceptional care?
- Compassion and dignity?
- Innovation?
- A culture where people want to work, grow, and belong?
- A community where older adults can flourish?
- A trusted partner and leader in our region?

I believe we can and must be all of these things.

Our next chapter will require courage, collaboration, accountability, and a willingness to challenge ourselves to become better every day.

It will require us to lead with purpose and deliver with heart. And most importantly, it will require **all of us**.

Because the future of Birmingham Green will not be defined by a building, a strategic plan, or a number on a calendar.

It will be defined by the people who choose to show up every day and make a difference.

As we celebrate 99 years, let us honor those who built the foundation beneath us.

And then let us ask ourselves:

What legacy will we leave for those who come after us?

The answer is being written right now, in every resident we serve, every family we support, every colleague we encourage, and every choice we make.

99 years brought us here.

Our people will take us forward.

Our purpose will guide us.

And our legacy will be what we build together.

The road to 100 has begun.

Let us lead it with purpose.

Let us deliver it with heart.

And let us build a Birmingham Green where life truly flourishes.

With gratitude,



Denise Chadwick Wright
Denise Chadwick Wright, CEO



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Events Recap

We keep our residents active and engaged every day with a full calendar of activities, celebrations, and special events. Here are a few highlights:

Nationals Park Baseball Game in DC



BG and the Walking Club



Bocce Ball with The General Federation of Women's Clubs (GFWC) of Manassas





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Events Recap

Intergenerational Performance



Performing Arts at Didlake Foundation



Family Day



International Day





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Events Recap

Birmingham Green's 99th Anniversary with our residents and team members



Events Recap

Birmingham Green's 99th Anniversary Resident Ambassadors





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Awards & Recognitions

Announcing the promotion of Angela Davis, RN to her new role as the Director of Nursing for the District Home (DH) and Willow Oaks (WO) Assisted Living Facilities (ALFs), effective August, 2026. Congratulations Angela!

Congratulations!



Announcing the appointment of Dennis Marfo as Birmingham Green's Life Enrichment Director effective July 22, 2026. Dennis most recently served as the Life Enrichment Manager and Interim Life Enrichment Director. Congratulations Dennis!



Charity & Volunteer Involvement

VHCA-VCAL Teen Volunteer of the Year Awards

Congratulations are in order for Lyric Lucas, who was selected by the VHCA-VCAL Evaluation Panel as the 2026 Teen Volunteer of the Year.

Miss Lucas, along with other award recipients, was recognized at the Annual Awards Banquet held on Wednesday, September 16, during the VHCA-VCAL Annual Convention and Trade Show at the Hilton Norfolk The Main in Norfolk, Virginia. Members of Birmingham Green's Leadership Team attended the special ceremony in support of this well-deserved honor.

Congratulations, Ms. Lucas, on this outstanding achievement! Birmingham Green is proud of your dedication, service, and positive impact in our community.



LIFE ENRICHMENT EVENTS

- | | |
|-------|--|
| 10/10 | Alzheimers Walk |
| 10/17 | Loudoun Dance Academy Performance |
| 10/31 | Trunk or Treat |
| 11/11 | Veteran's Day Pinning and Certificate Awards |
| 11/26 | Thanksgiving Brunch |
| 12/4 | Hanukkah |
| 12/25 | Christmas Silver Bells Gala |

View the complete calendar of daily events and exercises on the resident app and posted in each facility's neighborhood.



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Your
VOICE
MATTERS

**At Birmingham Green, we are committed to excellence,
and your feedback helps guide us.**

**Please scan the QR code to share your thoughts on a
Google review.**



Thank you for being part of our community!



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Ethics Committe Reminder to our residents and families

June 9, 2026

Dear Residents and Families,

At Birmingham Green, we value the dignity, rights, voices, and well-being of every resident we serve. We recognize that healthcare and long-term care decisions can sometimes involve difficult questions, differing perspectives, or emotionally challenging situations for residents, families, and caregivers.

To further support compassionate, respectful, and resident-centered care, Birmingham Green is pleased to introduce the Birmingham Green Ethics Committee.

The Ethics Committee was created to support thoughtful, respectful, and resident-centered discussion when difficult or complex care-related concerns arise. The committee serves as an advisory resource that helps support residents, families, staff, and providers when ethical questions or differing perspectives occur regarding care, treatment, resident rights, or quality of life decisions.

Examples of situations that may be appropriate for Ethics Committee consultation include:

- Questions regarding resident rights or autonomy
- Concerns regarding refusal of treatment or care
- Family disagreement regarding care decisions
- Questions regarding advance directives or decision-making
- End-of-life care concerns
- Situations where additional interdisciplinary discussion may be helpful

The Ethics Committee encourages respectful communication and collaborative discussion while supporting the dignity, rights, and well-being of each resident.

Residents, family members, staff, and leadership may request an Ethics Committee consultation. To request a consultation from the Ethics Committee, please complete the Ethics Consultation Request Form and submit it via email to ethicscommittee@birminghamgreen.org, or contact the Ethics Committee hotline at 703.257.6226.

For added convenience, on Friday, June 12, you may also submit your completed request form in one of the Ethics Committee drop boxes located in the main entrance waiting areas at Willow Oaks Assisted Living, the Northern Virginia Health Center Commission, or the library at District Home Assisted Living.

We are proud to introduce this important resource as part of Birmingham Green's continued commitment to compassionate, ethical, and resident-centered care.

Sincerely,

Robert Wagner, LNHA

Vice Chair, Ethics Committee

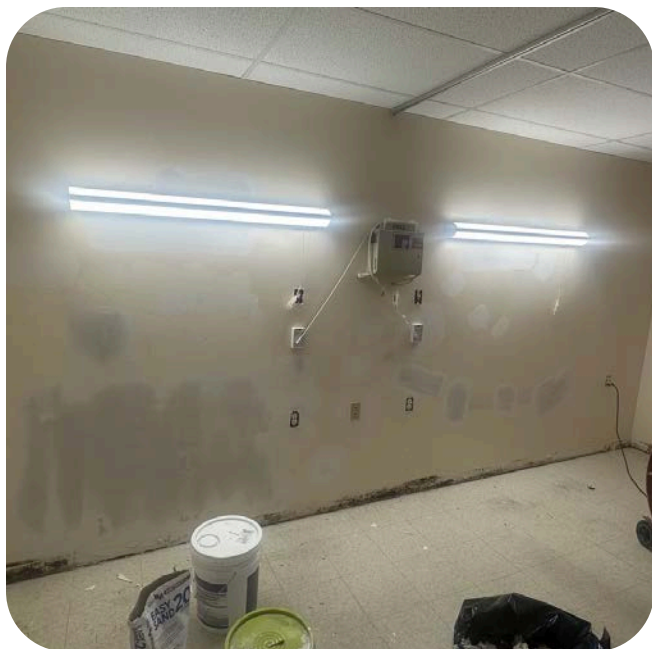


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Renovation Updates

Phase 2 construction and Phase 3 completion of a resident room in the Cardinal Heights neighborhood.





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STAY HYDRATED

STAY HEALTHY

Drink enough water first when you return from outside. It will keep your body hydrated, refreshed, energized, and healthy.



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HYDRATION & UTI PREVENTION

Stay Hydrated. Stay Healthy.



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How Hydration Prevents UTIs

- Flushes out bacteria from the urinary tract
- Frequent urination removes bacteria before they multiply
- When hydrated you urinate regularly, which lessens the chance for bacteria to grow

UTI Prevention Tips

- Drink plenty of fluids
- Don't hold your urine
- Wipe front to back
- Practice proper personal hygiene
- Wear breathable cotton underwear

Proper Bathroom Hygiene

- Wipe from front to back
- Wash hands before and after toileting
- Use gentle unscented cleansing products
- Avoid harsh sprays, powders, or scented products near sensitive areas

Change Incontinent Products Promptly

Moisture creates a breeding ground for bacteria. Change pads and briefs as soon as they are soiled.

Sip-N-Go

Take frequent sips of fluids throughout the day, especially during activities and meals.

Eat Fluid-Rich Foods

Water-rich foods such as watermelon, oranges, grapes, and cucumbers can increase your hydration

Team Member Directory

The Health Center (Nursing Home)

Administrator:

Ishmael Koroma ~ Ext. 6209

Assistant Administrator:

Jovanny Reyes ~ Ext. 6243

Life Enrichment Director (NH, DH & WO):

Dennis Marfo ~ Ext. 6275

Director of Dining Services:

Christopher West - 571-221-5600

Registered Dietitian:

Alice Ham ~ Ext. 6229

Director of Nursing:

Hawa Lamin-Sidique ~ Ext. 6220

Nurse Manager, Cardinal Heights:

Ayisha Sulemana ~ Ext. 6207

Nurse Manager, NH Garden Hill:

Adizatu Musah ~ Ext. 6218

Nurse Manager, NH Cherry Blossom Estates:

Ramatu Barrie ~ Ext. 6227

Admission Liaison:

Angela Asamoah ~ Ext. 6206

Director of Social Services:

Janese Jackson ~ Ext. 6217

Social Worker:

Shawnita Collins ~ Ext. 6215

Jasper Hu ~ Ext. 3493

Director of Volunteer & Support Services:

Andre Porter ~ Ext. 6252

Building Services Director:

Hani Ghannam ~ Ext. 6273

Infection Control Preventionist:

ADON: Vacant ~ Ext. 6261

ADON: Jacqueline Bruce Tagoe ~ Ext. 6225

Director, Rehab Therapy ~ Ext. 6258

Christopher Moon ~ 703.424.6087

Willow Oaks Assisted Living

Administrator:

Robert Wagner ~ Ext. 6226

Director of Nursing (WO and DH) Assisted Living:

Angela Davis, RN ~ Ext. 6219

Social Worker/Case Manager:

Martha Turay ~ Ext. 6248

Angelica Botchway ~ Ext. 6265

Registered Dietitian (WO and DH):

Elizabeth Bass ~ Ext. 6285

Nurse Manager:

Vacant, ~ Ext. 6263

Admissions Coordinator (WO and DH):

Vacant ~ Ext. 6264

Team Member Directory

District Home Assisted Living

Administrator:

Carmen Louise ~ Ext. 6254

Nurse Manager:

Michelle Short-Pack, LPN ~ Ext. 6294

Life Enrichment Supervisor:

Shawndai Griffin ~ Ext. 6224

Executive Office

Chief Executive Officer:

Denise Chadwick Wright ~ Ext. 6240

Chief Financial Officer:

Perry Mason ~ Ext. 3494

Chief Resident Services Officer:

Vacant ~ Ext. 6226

Director of Human Resources & Compliance Officer:

Alice Decker, BS ~ Ext. 6210

Chief Advancement Officer:

Martina Jackson Green ~ Ext. 6279

8605 Centreville Road, Manassas, Virginia 20110
(703) 257-0935 | BirminghamGreen.org

INFECTION CONTROL UPDATE

Birmingham Green continues to follow CDC and VHD guidelines for infection control and management.

Flu Season Dates:

The 2026–2027 flu season runs from October 1, 2026 through March 31, 2027.

- **Vaccine:** Flu vaccines are available to employees starting October 1, 2026.
- **Employees, visitors, and residents** are strongly encouraged to get their flu vaccine.
- **Illness Protocol:** Visit your provider and stay home if you are sick.
- **Prevention Measures:** Our infection control program emphasizes:
 - Thorough hand hygiene
 - Respiratory etiquette
 - Masking as needed for all residents, team members, and visitors.

We appreciate everyone's cooperation in keeping our environment safe and healthy.

Dr. Isatu Nabie, Infection Preventionist

Ways To Contribute



Scan to Donate

Donate to the Foundation

There are many ways to donate to the Foundation. Scan the QR Code or visit [Birmingham Green Foundation](#) | [Birmingham Green](#)

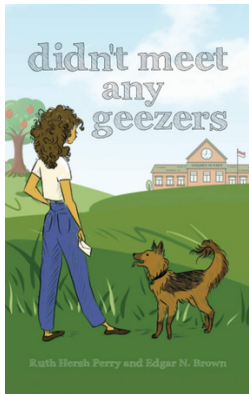
Scan to Donate to the "Road to 100"



Scan to Support Our Next 100 Years



Scan to Purchase "Didn't Meet Any Geezers"



Buy a Book!

Birmingham Green is honored that authors Ruth Hersh Perry and Edgar N. Brown have requested for all proceeds from the sale of their book, Didn't Meet Any Geezers, to go to the Birmingham Green Foundation. Didn't Meet Any Geezers will serve to educate and prepare young people for visits to long-term care facilities. To purchase, scan the QR code with your phone's camera.

Donate to the Employee Fellowship Fund!

The Employee Fellowship Fund is a charitable fund within Birmingham Green. Donations to the fund may be used for medical and financial emergency relief for eligible employees of Birmingham Green and their immediate family members only. 100% of your donation will be used to help a Birmingham Green employee in need.

To donate to this fund, contact Alice Decker at 703-257-6210 or email: adecker@birminghamgreen.org



Volunteer!

We've got big news to share!
We've launched our new Website "Get Connected"!



Scan to Volunteer

Birmingham Green has launched our new "GetConnected" volunteer website! We aim to share awesome, fun, and easy-to-find volunteer opportunities.

Please check us out and invite your family and friends to join us by using this QR Code. Let's start making an impact in our Birmingham Green community together!



Let's Connect!



birminghamgreen.org



[Facebook](https://www.facebook.com/birminghamgreen)



[Instagram](https://www.instagram.com/birminghamgreen)



[Twitter](https://twitter.com/birminghamgreen)



[LinkedIn](https://www.linkedin.com/company/birminghamgreen)