

NEWSLETTER

Birmingham Green's Winter Newsletter

Message from CEO

Dear Residents and Families,

As we embrace the beauty of winter, I want to take a moment to express my heartfelt gratitude for the trust you place in us to care for and support your loved ones. This season is often a time for reflection, connection, and a renewed sense of community, and I am proud to share that, together, we continue to foster an environment where all feel safe, valued, and cared for.

Winter brings its own unique set of challenges, but it also provides us with opportunities to create new memories and traditions. Our dedicated team is working hard to ensure that residents enjoy a warm, comfortable, and engaging experience this season. Whether it's through festive activities, personalized care, or simply a welcoming atmosphere, we are here to make this time as special as possible for everyone.

For families, we understand that winter months can sometimes mean more time apart, but we remain committed to keeping you connected with your loved ones through regular updates, virtual visits, and phone calls. Communication is a cornerstone of our care, and we are always available to address any questions or concerns you may have.

As we continue to navigate the season, we remain focused on providing exceptional care and ensuring that each resident feels like part of our extended family. Thank you for being a vital part of our community, and I look forward to the many moments of joy we will share in the coming months.

Wishing you and your family a warm and peaceful winter season.

With gratitude,



Denise Chadwick Wright, CEO



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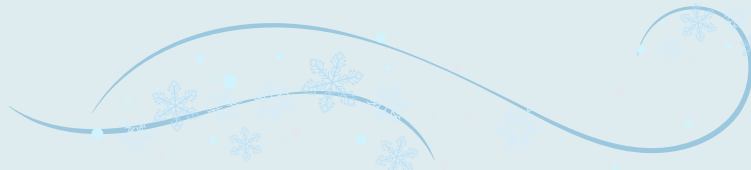
EVENTS RECAP & UPCOMING EVENTS

AWARDS & RECOGNITION

CHARITY AND VOLUNTEER INVOLVEMENT

INFECTION CONTROL UPDATES

WAYS TO CONTRIBUTE



Walk to End Alzheimers

Saturday, October 19, 2024

Every year, the team members of Birmingham Green (yes, the executive team too) take time out to participate in the Walk to End Alzheimer's. Birmingham Green even donated \$2,500 to the cause!



Sweet Frog Excursion

Monday, September 16, 2024

Six residents and three team members enjoyed delicious frozen yogurt as the guests of Sweet Frog Manassas. They each tried different flavors and toppings such as Cheesecake, Raspberry, and French Toast - YUM! And to think, much of it is sugar and fat-free. It was a wonderful outing.



UPCOMING EVENTS

- 01/01/2025 New Year's Day
- 01/20 Martin Luther King Jr. Day
- 02/01 - 02/28 Black History Month
- 02/01 - 02/28 American Heart Month
- 02/01 - 02/28 National Cancer Prevention Month
- 02/07 National Wear Red Day
- 02/14 Valentine's Day
- 02/17 Presidents' Day





Family Day

Saturday, November 23, 2024

Santa made his first debut of the year at our last family day event of the year! We had great food, good company, and painted our hearts out!



Young Readers Day at Victory Elementary School

Thursday, November 14, 2024

Oh, what fun we had at Young Readers Day engaging the students of Victory Elementary School! They enjoyed an afternoon of animated storytelling. We read “Every Night is Pizza Night.” The students were engaged and shared their favorite pizza recipes! They were even more excited to have the book donated to their library for their use to read at any time! What is your favorite pizza?



Walmart Christmas Carolers

Tuesday, December 3, 2024

Families joined their loved ones with an afternoon of delights! They enjoyed a hot chocolate bar, cookie decorating, ornament making, and photo opportunities with Santa Claus himself!

Halloween Fun

Thursday, October 31, 2024



What a ghoulish time we had! Team members dressed to impress in their Halloween finest! We had a Trunk or Treat event with support from FRC and Impact by the Rotary Club of Manassas.



LIFE ENRICHMENT WINTER PROGRAMS

- 12/03 Walmart Holiday Caroling
- 12/15 Girl Scout Troops Holiday Caroling
- 12/21 Birmingham Green Campus Holiday Parade
- 12/22 Loudoun Dance Academy Visit
- 12/22 Girl Scout Troops Holiday Caroling
- 12/25 Santa Visits w/ Presents
- 12/26 Hanukkah Social
- 12/27 Kwanzaa Social
- 12/31 New Year's Eve Party w/Charlie



CECA Awards Ceremony

Friday, July 26, 2024

Congratulations are in order for 3rd Quarter 2024 CECA Honoree Samuel Dua, MDS/CP Coordinator. Sam's team celebrated him during his absence over some cake and refreshments. Sam was presented personally with a check in the amount of \$250.00. It was a pleasure having Gisselle Vargas from CECA join in the celebration.

Hagar Gyane, WO CNA was also recognized as the 3rd Quarter 2024 CECA Nominator and received a \$50.00 gift card.

Thank you Sam and Hagar for your dedication to Birmingham Green!



The Human Services Alliance of Greater Prince William

We are thrilled to share some exciting news about one of our own! Denise has been appointed as the Board Chair of The Human Services Alliance of Greater Prince William County for FY 2025. This prestigious role reflects Denise's dedication to serving our community and her leadership in advancing human services throughout the region.



*A Community with a holistic approach;
fostering the spirit, nurturing the body
and nourishing the mind.*

Prince William Chamber of Commerce

Monday, November 18, 2024

Birmingham Green hosted over 50 members of the Prince William Chamber of Commerce Senior Services Committee for lunch. It was a great afternoon of networking, fellowship, and a delicious meal served by Chef Jeff Kurtz and his amazing team. The Chamber mentioned it was their highest-attended committee to date. A great time was had by all!



Painting Fences & Making Friends!

Thursday, October 3, 2024

Fifteen employees from Micron Industries came out to paint our long white fence along Route 28. And our residents came out to watch and cheer them on! It was a great day of service and making new friends. Thank you MICRON, you help keep Birmingham beautiful!



Walmart Foundation Donation

Walmart Store Manager, Russlin Gatuz (2nd from the right) and People Lead, Reena Dixit (3rd from the right) have agreed to support Birmingham Green's mission long-term by supplying requested items and facilitating Life Enrichment Programming.



Pros Fore Clothes Foundation - Round Two!

Tuesday, December 3, 2024

Our wonderful friends from Pros Fore Clothes donated another ten boxes of brand-new clothing for our residents. It was like we had our own little store – we call it Birmingdales! Thank you Pros Fore Clothes! Thanks to you we've got some sharp-dressed residents around here.



The Health Center (Nursing Home)

Administrator:

Vacant ~ Ext. 6209

Interim Administrator:

Patricia McDowney ~ Ext. 6243 & Ext. 6209

Life Enrichment Director (NH, DH & WO):

Alicia Boykin ~ Ext. 6275

Interim Director of Dining Services:

Christopher West - 571-221-5600

Registered Dietitian:

Erin Schneider ~ Ext. 6229

Director of Nursing:

Abonge Ngembus-Nihngieh ~ Ext. 6220

Nurse Manager, Cardinal Heights:

Karina Herrera, RN ~ Ext. 6207

Nurse Manager, NH Garden Hill:

Vacant, ~ Ext. 6218

Nurse Manager, NH Cherry Blossom Estates:

Ramatu Barrie ~ Ext. 622

Director of Social Services:

Nicole Davis ~ Ext. 6215

Social Worker:

Shawnita Collins ~ Ext. 3493

Social Worker:

Joyce Johnson ~ Ext. 6217

Director of Volunteer & Support Services:

Andre Porter ~ Ext. 6252

Building Services Director:

Hani Ghannam ~ Ext. 6273

Infection Control Preventionist:

ADON: Charlotte Nkepnang ~ Ext. 6261

ADON: Alain Ndayi ~ Ext. 6225

Rehab Therapy PT ~ Ext. 6258

Willow Oaks Assisted Living

Administrator:

Robert Wagner ~ Ext. 6226

Director of Nursing (WO and DH) Assisted Living:

Kumba Sarr, RN ~ Ext. 6219

Social Worker/Case Manager:

Vacant ~ Ext. 6248

Angelica Botchway ~ Ext. 6265

Registered Dietitian (WO and DH):

Elizabeth Bass ~ Ext. 6285

Nurse Manager:

Angela Davis, RN ~ Ext. 6263

Admissions Coordinator (WO and DH):

Victoria Mason ~ Ext. 6264



District Home Assisted Living

Administrator:

Carmen Louise ~ Ext. 6254

Nurse Manager:

Michelle Short-Pack, LPN ~ Ext. 6294

Life Enrichment Supervisor:

Shawndai Griffin~ Ext. 6224

Executive Office

Chief Executive Officer:

Denise Chadwick Wright ~ Ext. 6240

Chief Financial Officer:

Perry Mason ~ Ext. 3494

Chief Operating Officer:

Vacant, ~ Ext. 6226

Director of Human Resources & Compliance Officer:

Alice Decker, BS ~ Ext. 6210

Chief Advancement Officer:

Robert Hahn ~ Ext. 6279

INFECTION CONTROL UPDATES

We continue to follow guidance from the CDC on evaluating and managing infection in LTCFs including Antibiotic Stewardship. We have continued to seek guidance from CDC and VDH about COVID-19 and Influenza isolation precautions along with outside consultation. In November we implemented a 30-Day COVID Free time frame to help us gauge when to make masking “optional” for our staff. We are pleased to share that due to infection control best practices we have exceeded this window, and masking is currently optional for our staff. We will continue to stay vigilant and practice exceptional infection control throughout the winter months.

Donate to the Foundation

There are many ways to donate to the Foundation. Scan the QR Code or visit [Birmingham Green Foundation](https://www.birminghamgreen.org/foundation) | [Birmingham Green](https://www.birminghamgreen.org)

Buy a Book!

Birmingham Green is honored that authors Ruth Hersh Perry and Edgar N. Brown have requested for all proceeds from the sale of their book, *Didn't Meet Any Geezers*, to go to the Birmingham Green Foundation. *Didn't Meet Any Geezers* will serve to educate and prepare young people for visits to long-term care facilities. To purchase, scan the QR code with your phone's camera.



Donate to the Employee Fellowship Fund

The Employee Fellowship Fund is a charitable fund within Birmingham Green. Donations to the fund are available to be used for medical and financial emergency relief for eligible employees of Birmingham Green and for their immediate family members only.

100% of your donation will be used to help a Birmingham Green employee who needs it.

To donate to this fund, contact Alice Decker on 703-257-6210 or email: adecker@birminghamgreen.org

Volunteer

The variety of volunteer programs at Birmingham Green reflect the diversity of our residents and their individual needs. Whether you choose to make a long-term commitment, or are interested in volunteer assignments that can be accomplished in several hours or days, your efforts will have a positive impact!

Ongoing volunteer programs at Birmingham Green include:

- Pet Therapy
- Activities Assistants
- Nutritional Assistants
- Friendly Visitors
- Adopt-A-Grandparent
- Administrative Support
- Recreational Therapy Aides

We also welcome and encourage Community Service projects for youth groups, school programs, religious groups, civic organizations, and business or corporate engagement. If you have any questions, please contact Andre Porter, Director of Volunteer Services on 703-257-6252 or email: aporter@birminghamgreen.org.



Before you can volunteer with us, you'll need to review and complete a Volunteer Application. Scan the QR code to visit [birminghamgreen.org/work-with-us/volunteer](https://www.birminghamgreen.org/work-with-us/volunteer)



Let's Connect!



BirminghamGreen.org



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Instagram.com/BirminghamGreen



Twitter.com/BirminghamGreen



Linkedin.com/company/Birmingham-Green